

# Ashford Health and Wellbeing Board

Minutes of a Meeting of the Ashford Health & Wellbeing Board held on the  
**14<sup>th</sup> November 2018**

## **Present:**

Councillor Brad Bradford - Portfolio Holder for Community Safety and Wellbeing, Ashford Borough Council (Chairman)

Councillor Mrs Jenny Webb – Deputy Portfolio Holder for Community Safety and Wellbeing, Ashford Borough Council

Tracey Kerly – Chief Executive, Ashford Borough Council

Sheila Davison – Head of Community Safety and Wellbeing, Ashford Borough Council

Gina Shakespeare – East Kent Clinical Commissioning Group

John Bridle – HealthWatch Kent

Colin Dunn – HealthWatch Kent

Chris Morley – Patient and Public Engagement, Ashford Clinical Commissioning Group

Dr Jim Kelly – Ashford Clinical Providers

Dr Sadia Rashid – Chair of Ashford Clinical Providers

Mark Wiltshire – Ashford Local Children’s Partnership Group

Rebecca Wilcox – Housing Operations Manager, Ashford Borough Council

Angela d’ Urso – Community Safety and Wellbeing Manager, Ashford Borough Council

Simon Harris – Community Project Manager, Ashford Borough Council

Belinda King – Management Assistant, Ashford Borough Council

Kirsty Morland – Member Services Officer, Ashford Borough Council

## **Apologies:**

Dr Navin Kumta – Clinical Lead, Ashford Clinical Commissioning Group

Roy Isworth – Kent Association of Local Councils

Karen Cook – Policy and Strategic Partnerships, Kent County Council

Helen Anderson – Local Children’s Partnership Group

Lisa Barclay – Ashford Clinical Commissioning Group

Christina Fuller – Head of Culture, Ashford Borough Council

Sharon Williams – Head of Housing, Ashford Borough Council

## **1 Declaration of Interest**

- 1.1 Councillor Mrs Webb declared a Voluntary Interest as she was a Director of the Ashford Volunteer Centre.

## **2 Notes of the Meeting of the Board held on 18 July 2018**

- 2.1 The Chairman advised that a meeting had taken place regarding the Tenterden Hub & Interface. Roy Isworth would be able to provide a further update at the next Board meeting.

### **Resolved:**

**The Board agreed that the notes were a correct record.**

## **3 Ashford Health & Wellbeing Board Going Forward**

- 3.1 Angela d' Urso introduced the report which updated on the progress made since the previous meeting of the Board and proposed the dissolution of this Board and the creation of an Ashford Health and Wellbeing Partnership. Draft Terms of Reference for the Partnership and a potential East Kent Health and Wellbeing Board were included with the agenda papers. The latter contained a draft membership on which she requested feedback from the Board.
- 3.2 The Chairman advised that there were some constitutional considerations before the Board could be dissolved and that a report would be submitted to the Cabinet should the Board agree the move to a Partnership. This would be undertaken by Officers and he confirmed that he would support them through this process and the reporting process to Members.
- 3.3 The Board were supportive of the move to a Partnership and noted the work required to progress this change.
- 3.4 The Chairman opened up the issue of membership of the Partnership for discussion and a summary of the comments expressed at the meeting is set out below:
- The inclusion of GPs via the Ashford Clinical Providers would ensure a sense of realism and an insight into the health challenges facing Ashford e.g. workforce and estate transformation.
  - It was important that the Partnership be focused on Ashford and its diverse challenges. It was suggested that the larger strategic/organisational issues were sometimes best considered at a sub-regional level and this was where an East Kent Board would be focused.
  - A representative from East Kent Hospitals University NHS Foundation Trust with specific operational knowledge of the William Harvey Hospital would be highly beneficial to the Partnership.
  - Representation from the Ambulance Service and Ashford Borough Council Planning Department were discussed, however, it was noted that both these parties fed into other processes and groups that in turn they would report into

what would be the Partnership, and therefore a duplication of work and updates would not be a best use of time nor resources.

- Feedback from the Ashford Estates Group would be beneficial to the Partnership.
- Some of the current members of the Board should be included in the membership of the Partnership, in particular HealthWatch Kent and the Ashford Local Children's Partnership.
- It was noted that the membership could be amended as time progressed.

**Resolved:**

**That the Ashford Health and Wellbeing Board**

- (i) support the closing down of the Board.**
- (ii) support the creation of the Ashford Health and Wellbeing Partnership (AHWP) and the East Kent Health and Wellbeing Board (EKHWB), after discussion based on the draft terms of references attached in Appendices 1 and 2 to the report.**
- (iii) note the draft delivery action plans developed to drive the work of the AHWP, attached in Appendix 3 to the report.**
- (iv) note the potential creation of an EKHWB which was also being considered by other local Health and Wellbeing Boards, utilising the draft terms of reference, contained within the agenda papers, which may be subject to change.**

## **4 Priorities and Actions 2018/19**

- 4.1 Angela d' Urso introduced the report and gave an overview of the outcome objectives, which linked directly to the Kent Joint Health and Wellbeing Strategy and the local outcome objectives.
- 4.2 Dr Jim Kelly questioned whether some of the priorities were specific enough to Ashford. There were Ashford specific issues, such as the health workforce, growth of the area and infrastructure that would require considerable focus over the coming months and years. Further, he was concerned that the Board (Partnership) could not be "all things to all people".
- 4.3 The Chairman advised that some topics, such as the Smoking and Obesity agendas were the focus of Task & Finish Groups.
- 4.4 There was considerable discussion regarding gaps in local service provision e.g. addiction and frailty services. The absence of a 12 step programme being of particular note. Leading on from this, the provision of a 'health village' or 'health hub' was discussed as a potential aim for the Borough. Such provision would assist with vulnerable people being able to access health care provision. Tracey

Kerly advised that through Section 106 Agreements provision was made for contributions towards health care, a bigger question was how was this money was managed and distributed by the health service. In some instances, land was provided instead of a monetary contribution as had been the case at Repton. Chris Morley advised that the site at Repton had not been deemed suitable by the CCG Estates Committee.

- 4.5 It was asked where there were any limits to the ambition of the Partnership. It was agreed that there were not and Cllr Bradford advised that there was nothing that could not be done. He highlighted the positive record of the Council in securing infrastructure and service improvements and emphasised that sometimes by starting small and aiming high anything could be achieved.
- 4.6 Drawing attention to the Action Plan, Angela d' Urso advised that she would review the Action Plans following this debate and report back to the next meeting.

**Resolved:**

**That the Ashford Health and Wellbeing Board:**

- (i) notes the action plans for 2018/19 and progress made against them.**
- (ii) notes the priorities moving forward work around workforce, infrastructure, health inequalities and service innovation with further work to be undertaken to enable any targeted activity required to deliver the priority outcomes.**
- (iii) agree that future Partnership members will take an active role in developing and delivering on the priority outcomes.**

## **5 Mason Mile**

- 5.1 Steven Mason gave a presentation to the Board on the Mason Mile. The aim was to encourage families into simple, fun exercise, which in turn would lead to a better diet, and improved mental health, where the family supported one another. There were three activities run by Mason Mile - the Community Mason Mile (a family challenge), the Schools Mason Mile (a school led event) and the Local Mason Mile (an on-going annual programme which was and supported by Mason Mile Wellbeing Officers).
- 5.2 The Community Mason Mile had already been held in Ashford and was very successful with some of the attendees writing to express their thanks for the event.
- 5.3 The Schools Mason Mile made provision for schools to take ownership and responsibility for two events in the spring and summer terms. For both events Mason Mile paid the schools PE departments for the achievement of the under 13s.

- 5.4 The Local Mason Mile was aimed to take place 3 times a week, 52 weeks a year at a location and time to suit the families of the local community consisting of a 1-mile circuit that could be walked, jogged, or run, as a family or individually. At each event there would be 2 Mason Mile well-being officers, who would engage with the attendees, and be empowered to recommend and advise on local health referral pathways (mental health, diet, exercise, debt management etc.).
- 5.5 As part of the BBC Children In Need programme that coming week a Local Mason Mile would be taking place in Maidstone and would be televised. They had partnered with Maidstone Borough Council to bring the Local Mason Mile to the Borough. Through the programme two wellbeing officers would be trained to assist with events and provide signposting to referral pathways, it was envisaged that this would kick off from April 2019. Connections had been made with Golding Homes who had links with vulnerable and hard to reach families to encourage their participation in the programme.
- 5.6 Following his presentation, Steven Mason left the meeting and the Board discussed the progress with the Mason Mile programme in Ashford. The Board noted the progress made to date, but questioned whether there would be any long term sustainability to the programme beyond the initial stages.

**Resolved:**

**That the outcome of the Local Mason Mile pilot in Maidstone be observed with the Board reviewing this after six months.**

## **6 Focus: One You**

- 6.1 Angela d' Urso advised that the One You shop had gone from strength to strength with 2,637 separate visits and 3,284 interventions being delivered to the end of August 2018. Attendance figures had increased on a month-by-month basis, with August 2018 having the highest monthly attendance since opening, with 228 people entering the shop. There had been an agreement to review the One You shop in February 2019, however, due to the success of the shop, which was operating at full capacity this review had been bought forward. Following this a plan to relocate the shop had been developed, with the plans and financial information contained within the agenda papers. The larger premises would allow for more consultation rooms, kitchen based classes and flexible space that could be used for a variety of health interventions.
- 6.2 The move to a larger, more flexible premise was welcomed by all. There was considerable discussion regarding the facilitation of a 'health hot-desk' whereby a timetable could be published advising what help would be available when, this could then be made available to GPs who would be able to signpost patients accordingly.

**Resolved:**

**That the Ashford Health and Wellbeing Board:**

- (i) **note the success of the One You shop.**
- (ii) **note the agreement to move premises and the allocation of budget.**
- (iii) **consider any opportunities for GP driven services to be delivered from the One You Shop and that this will be taken forward by the Ashford Clinical Providers**

## **7 Partner Updates**

- 7.1 **Ashford Borough Council, Housing:** Rebecca Wilcox advised that the Health and Housing Strategy was currently being prepared. In advance of the cold season work was being undertaken with Churches Together on the night shelter. Long-term provision for rough sleepers was being investigated through a rapid rehousing pathway.
- 7.2 **HealthWatch Kent:** John Bridle advised that there were a significant number of people being discharged from hospital requiring the assistance of the foodbank. Further, those from Folkestone, where the Universal Credit pilot was underway were also increasingly requiring the support of the foodbank.
- 7.3 **Ashford Clinical Providers:** Dr Sadia Rashid noted the positive discussions that had taken place earlier in the meeting and conveyed her hope that the new Partnership would be innovative and take action, including where necessary the setting up of Task & Finish Groups to progress specific priorities. Sheila Davison emphasised the role of all partners in not only identifying issues but also in leading the changes and bringing together the necessary people to progress the various projects.
- 7.4 **Ashford Clinical Commissioning Group:** Chris Morley advised that there were 'listening events' taking place regarding local care and hospital transformation. He emphasised that these were aimed at hearing views before any formal consultation event and that no decisions had been made at this stage.
- 7.5 **Ashford Local Children's Partnership Group:** Mark Wiltshire advised that Health Visitors were to be co-located at the Willows & Bluebells Centres. Applications for the Early Help Grant would be open shortly.
- 7.6 **Voluntary Sector:** Cllr Mrs Webb advised she would provide an update on behalf of the Ashford Volunteer Bureau. The demand for community transport had increased significantly and they had stopped taking on any new repeat bookings. A Timebanking program would be launched shortly, whereby participants could request assistance with a matter, be that gardening, cooking or cleaning and those that provide said assistance would be able to 'bank' the time for future help. Creative Arts Sessions were also taking place. A 'cancer café' is being provided for those affected by cancer and their families.

## 8 Dates of Future Meetings

- 8.1 It was agreed that going forward meeting meetings would continue to be held on a quarterly basis on a Wednesday morning. The Member Services Team would schedule these meetings and advise of the dates in due course.
- 8.2 The Next Meeting would take place on: Wednesday 27<sup>th</sup> February 2019 at 9.30am.

---

Queries concerning these minutes? Please contact [membersservices@ashford.gov.uk](mailto:membersservices@ashford.gov.uk)  
Agendas, Reports and Minutes are available on: [www.ashford.moderngov.co.uk](http://www.ashford.moderngov.co.uk)